

# Help Empower Kids to Fight Their Fears

## Materials

- crayons,
- scissors,
- tape, and
- one Scary Figure per child

To help kids understand the project you're creating, make sure you have a sample monster completed beforehand.

## Instructions

Say: **Sometimes things in life can be scary.** Invite children to share their fears. Distribute the Scary Figures. Show your premade monster.

Say: **Let's pretend these are our fears. Choose one thing you're most afraid of and color your monster to show what you think it'd look like if it was a monster.**

Have kids follow the directions on the page to assemble the monster. Let kids show off their monsters. Then have them each write Psalm 27:1 on a piece of paper that they can tape around the body of the monster.

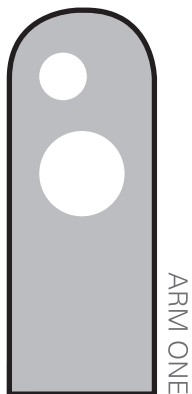
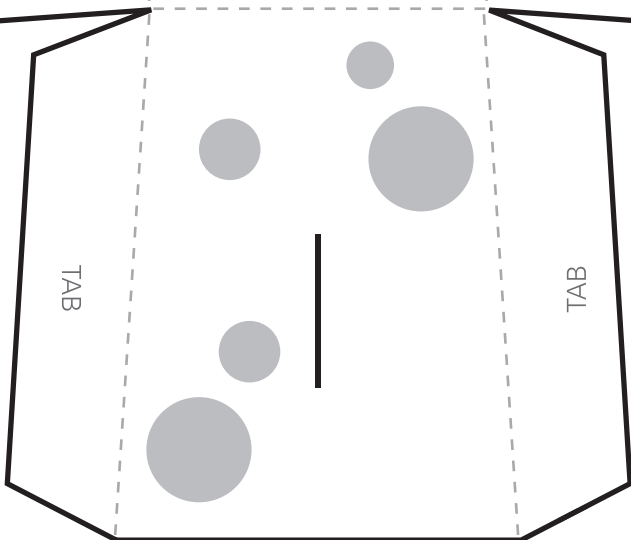
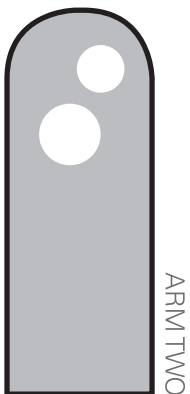
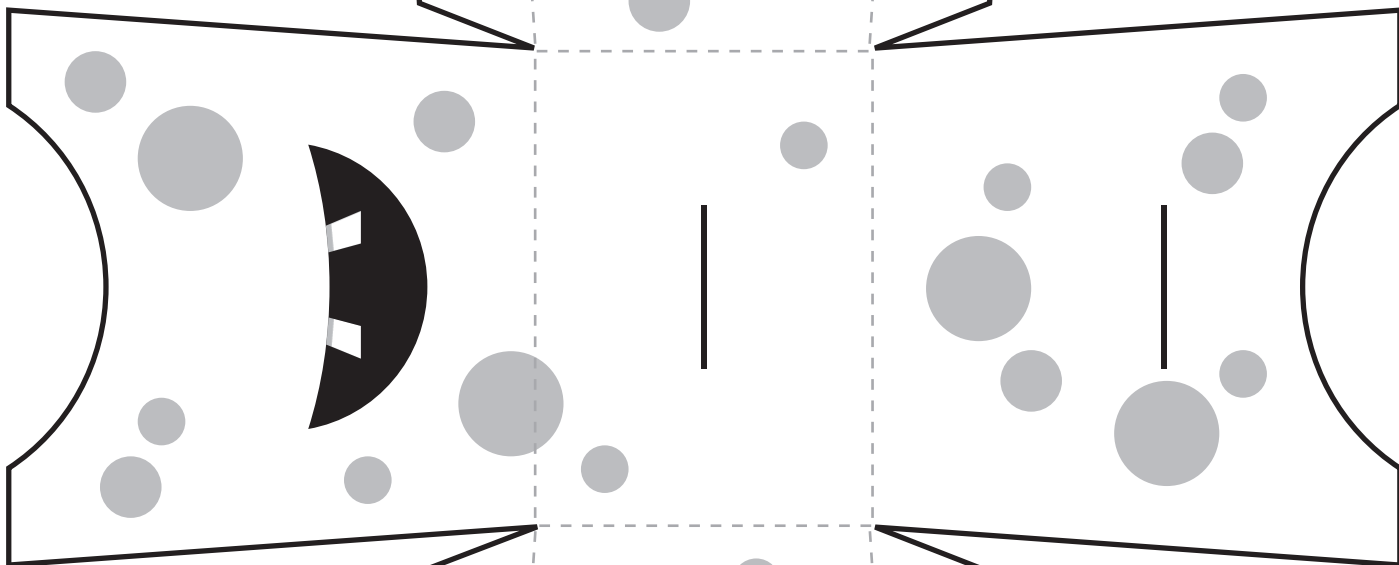
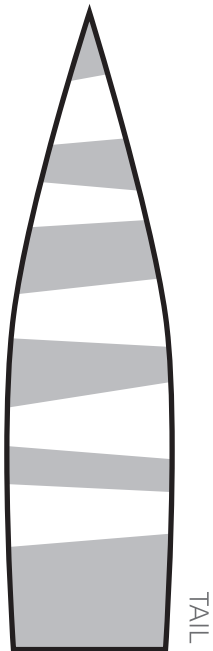
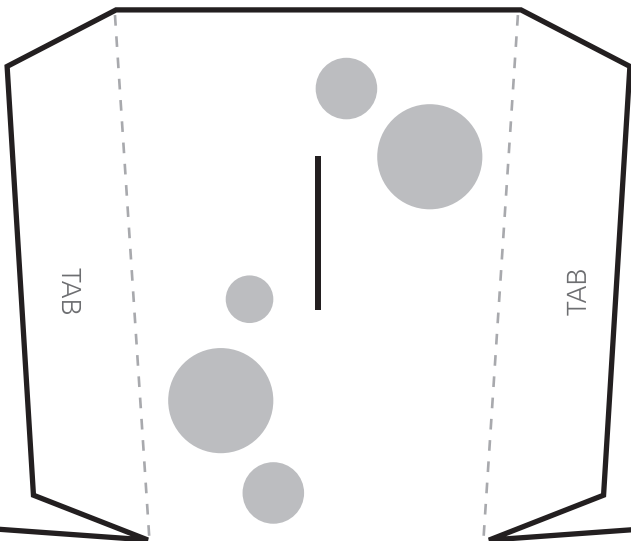
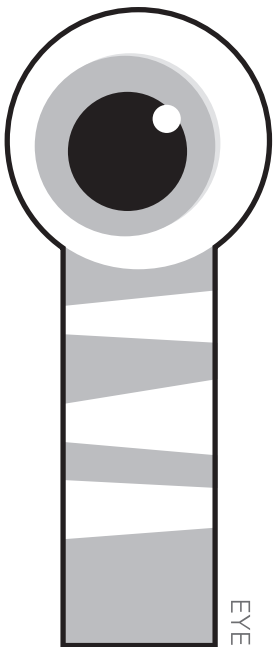
Say: **Whenever you're afraid, look at the verse around your monster. Remember that God's always with you and always protects you. These monsters—wrapped in God's Word—can help you fight your fear.**

Psalm 27:1

The Lord is my light and my salvation—  
so why should I be afraid?  
The Lord is my fortress, protecting me from danger,  
so why should I tremble?

# SCARY monsters

USING SCISSORS CUT OUT ITEMS ON SOLID LINES. CUT SLITS WITH AN XACTO BLADE. FOLD ON DOTTED LINES. GLUE TABS TO THE INSIDE OF FRONT AND BACK. SLIP EYE, ARMS, AND TAIL INTO APPROPRIATE SLOTS.



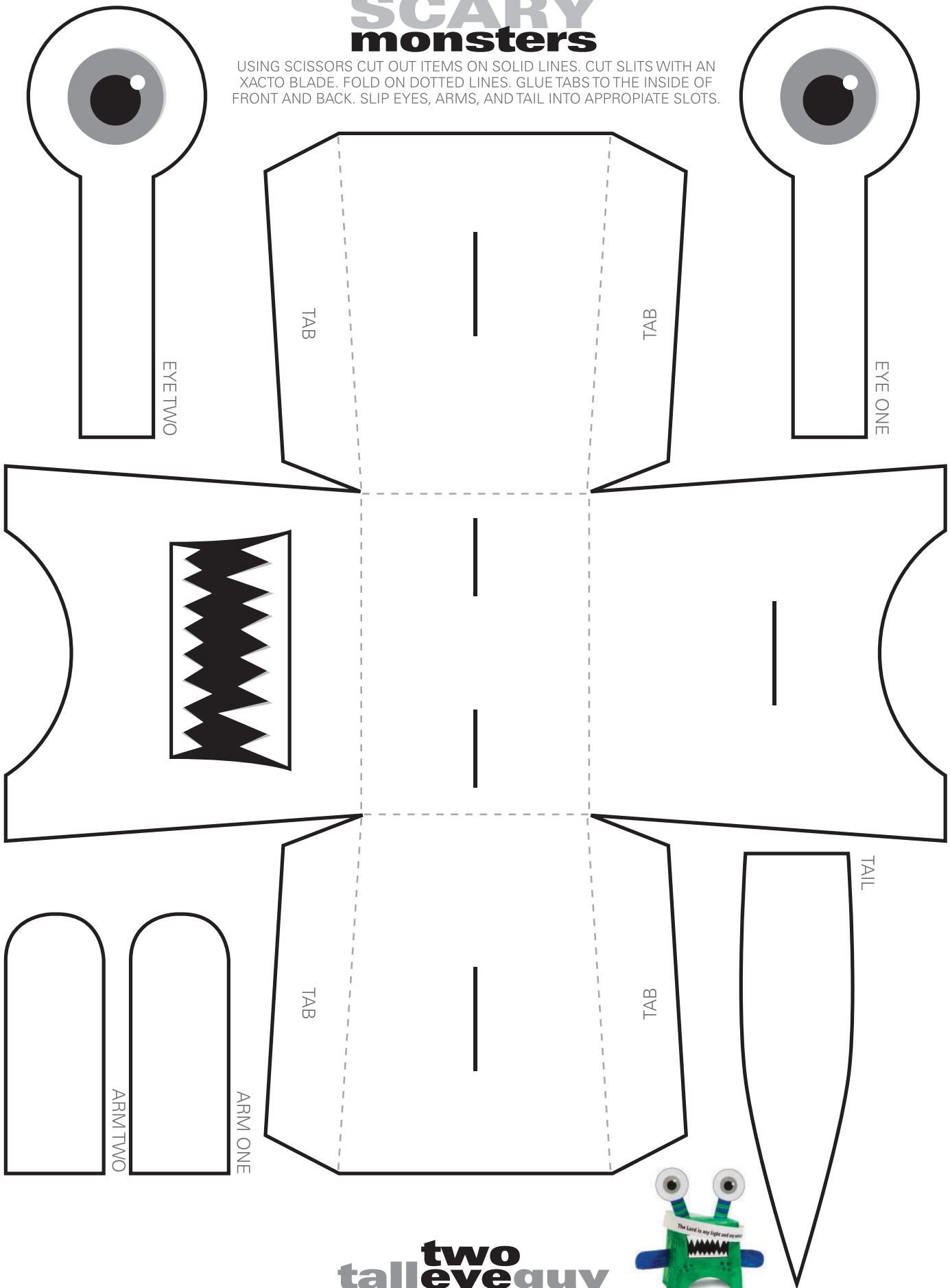
oneeyeguy



For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7

# SCARY monsters

USING SCISSORS CUT OUT ITEMS ON SOLID LINES. CUT SLITS WITH AN XACTO BLADE. FOLD ON DOTTED LINES. GLUE TABS TO THE INSIDE OF FRONT AND BACK. SLIP EYES, ARMS, AND TAIL INTO APPROPRIATE SLOTS.

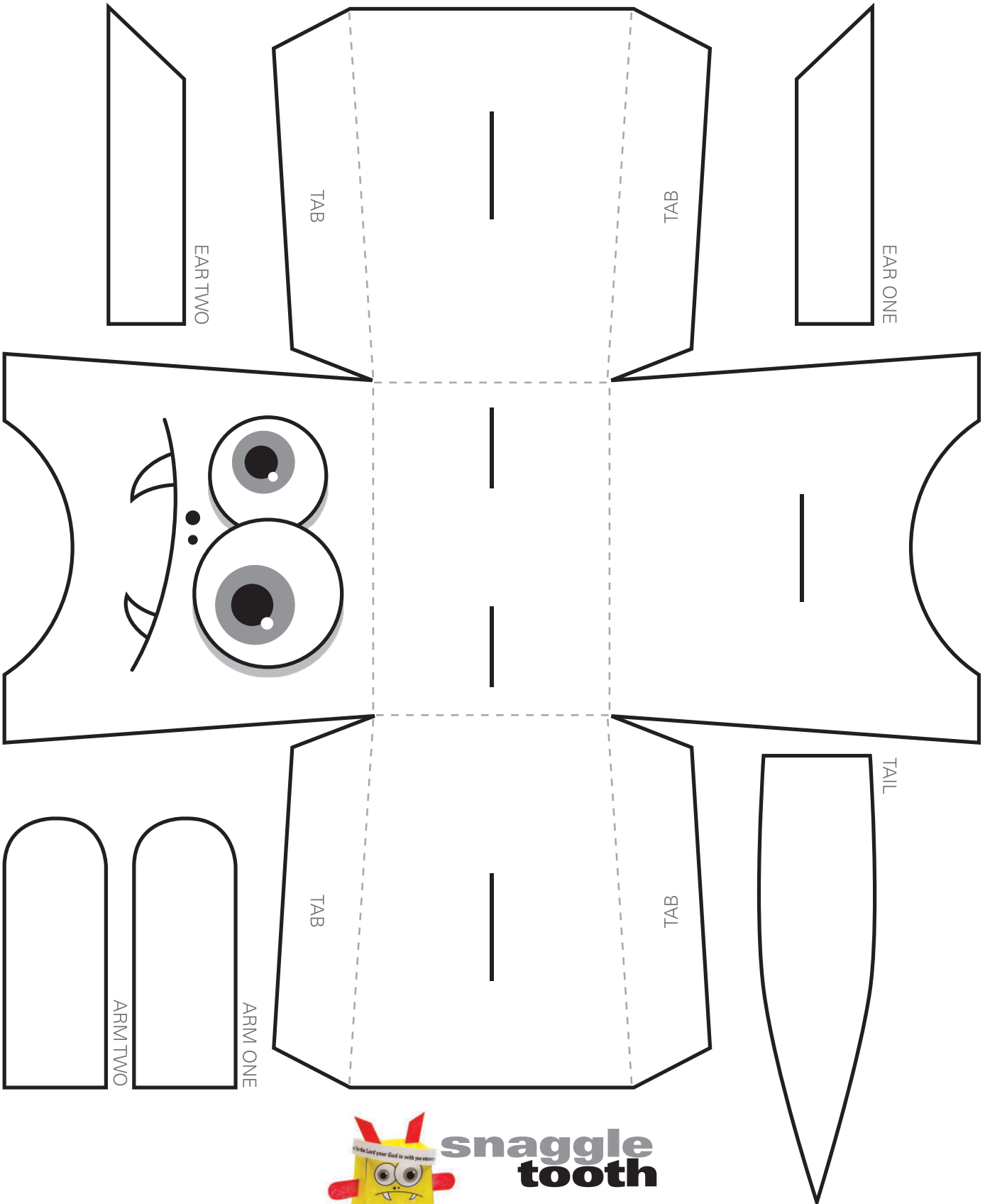


The Lord is my light and my salvation—so why should I be afraid? Psalm 27:1



# SCARY monsters

USING SCISSORS CUT OUT ITEMS ON SOLID LINES. CUT SLITS WITH AN XACTO BLADE. FOLD ON DOTTED LINES. GLUE TABS TO THE INSIDE OF FRONT AND BACK. SLIP EARS, ARMS, AND TAIL INTO APPROPRIATE SLOTS.



Do not be afraid or discouraged. For the Lord your God is with you wherever you go. Joshua 1:9



snaggle  
tooth